



**Express 15'** | Remove polish, clip, file, cuticle hydration and clear base coat.

**90 QAR | 25 USD**

Express + Change of Polish (25')

140 QAR | 39 USD

Express + Gel Polish (30')

210 QAR | 58 USD

**Classic 25'** | Remove polish, clip, file, buff, complete cuticle care, clear base coat.

**130 QAR | 36 USD**

Classic + Change of Polish (35')

180 QAR | 50 USD

Classic + Gel Polish (40')

250 QAR | 69 USD

**Men's Manicure 25'** | Manicure with cuticle care

**175 QAR | 48 USD**

#### Add-ons

- Change of Polish
- Gel Polish Removal
- Hand Scrub or Hand Mask
- French
- Repair of Broken Nail
- Extended Hand & Arm Massage
- Gelcolor Removal Before Manicure

- 70 QAR | 19 USD
- 62 QAR | 17 USD
- 25 QAR | 7 USD
- 75 QAR | 21 USD
- 25 QAR | 7 USD
- 45 QAR | 12 USD
- 55 QAR | 15 USD



FOUND IN MORE THAN 51 SPAS IN THE WORLD'S LARGEST AIRPORTS

## ENJOY YOUR TRAVEL WITH BE RELAX

### North America

Baltimore-Washington International Airport | Boston Logan International Airport | Detroit Metropolitan Airport | Dallas Fort Worth International Airport | Los Angeles International Airport | New York John F. Kennedy International Airport | San Diego International Airport | Toronto Pearson International Airport | Washington Dulles International Airport

### Europe

Frankfurt Airport | Istanbul Atatürk Airport | London Heathrow Airport | Paris Charles de Gaulle Airport

### Asia & Middle East

Doha Hamad International Airport | Dubai International Airport | Muscat International Airport | Singapore Changi Airport



Join our BR club to enjoy additional benefits by downloading the Be Relax APP

[berelax.com](http://berelax.com)



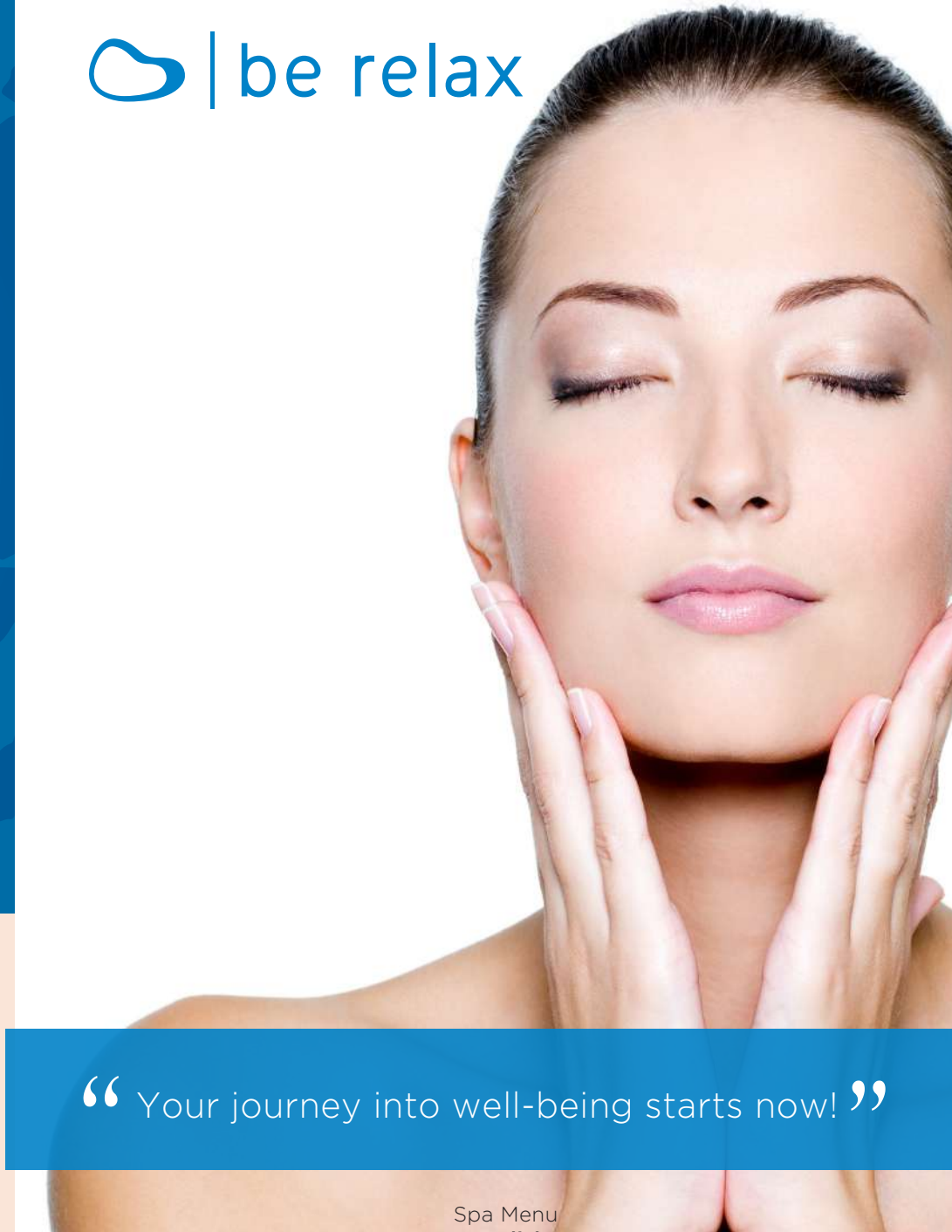
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To book an appointment : [doha@berelax.com](mailto:doha@berelax.com)

be relax World Headquarters  
10, avenue de la Grande Armée - 75017 Paris - France  
T. +33 1 44 13 76 94

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“Your journey into well-being starts now!”

Spa Menu  
English

## chair massages

### Be Up Head | Neck | Shoulders | Back | Arms | Hands\*

Our signature massage. A deep-tissue massage based on acupressure techniques that help to reduce muscle tension.

<b>mins</b>	<b>15</b>	<b>20</b>	<b>30</b>	<b>40</b>	<b>60</b>
QAR	155	195	280	350	450
USD	43	54	78	97	125

### Be Feet Legs | Feet | Back

An energizing foot massage based on the principles of foot reflexology. This helps to release stress and improve blood flow.

<b>mins</b>	<b>15</b>	<b>20</b>	<b>30</b>	<b>40</b>	<b>60</b>
QAR	155	195	280	350	450
USD	43	54	78	97	125

### Be Relax Head | Neck | Shoulders | Back | Arms | Hands | Legs

A gentle and light massage based on kneading and stroking. Ideal to relax your body and help you to rest better on the plane.

<b>mins</b>	<b>20</b>	<b>30</b>	<b>40</b>	<b>60</b>
QAR	195	280	350	450
USD	54	78	97	125

### Head Up on Massage Lounger Face | Neck | Back | Hands\*

Exclusive scalp massage accompanied by a stimulating back massage on massage lounger. Ideal for relieving tension headaches and improving blood circulation.

<b>mins</b>	<b>15</b>	<b>20</b>	<b>30</b>	<b>40</b>	<b>60</b>
QAR	155	195	280	350	450
USD	43	54	78	97	125

### Be Back on Massager Lounger Back | Shoulders | Legs

Relax on our fully adjustable massage loungers and release body muscle stress.

<b>mins</b>	<b>15</b>	<b>30</b>
QAR	80	140
USD	22	39

\*depending on duration of service

\*\*depending on the location



## ADD-ON

For any treatment of 20' or more **your shower experience 25'** at the price of 10'

## LUXURIOUS SPA EXPERIENCES

A 10% OFF discount is offered for your Spa Experiences.

### Beauty Relax

Classic Manicure 25' + Be Up 20' (Chair Massage)

~~325 QAR~~  
~~90 USD~~ 292 QAR  
80 USD

### From Head to Toe

Be Up 20' (Chair Massage) + Be Feet 15'

~~350 QAR~~  
~~97 USD~~ 315 QAR  
87 USD

### Beauty Call

Classic Manicure 25' + Classic Pedicure 30'

~~360 QAR~~  
~~100 USD~~ 324 QAR  
90 USD

## table massage\*\*

### Absolut Massage

A Swedish full-body table massage in a private treatment room to fully relax your entire body and mind.

<b>mins</b>	<b>30</b>	<b>45</b>	<b>60</b>
QAR	345	505	620
USD	96	140	172

## showers\*\*\*

<b>mins</b>	<b>10</b>	<b>25</b>
QAR	55	95
USD	15	25

## pedicures

**Express 20'** | Remove polish, clip, file, cuticle hydration and clear base coat **150 QAR | 42 USD**

Express + Change of Polish (30') **210 QAR | 58 USD**

Express + Gel Polish (35') **300 QAR | 83 USD**

**Classic 30'** | Remove polish, clip, file, buff, complete cuticle care, scrub, clear base coat **230 QAR | 64 USD**

Classic + Change of Polish (40') **290 QAR | 80 USD**

Classic + Gel Polish (45') **380 QAR | 105 USD**

### Add-ons

Change of Polish	70 QAR   19 USD
Gel Polish Removal	62 QAR   17 USD
Foot Scrub or Foot Mask	25 QAR   7 USD
French	115 QAR   32 USD
Foot Massage (Be Feet 15)	137 QAR   38 USD
Repair of Broken Nail	25 QAR   7 USD
Gelcolor Removal Before Pedicure	55 QAR   15 USD

\*\*\*shower 25 mins includes a towel and a shower kit (not included in shower 10 mins)